

# Carver County Family Resource Guide

2020



**Public Health**  
Prevent. Promote. Protect.

Healthy Carver for a Lifetime

Carver County Public Health  
Health and Human Services  
600 Fourth Street East Chaska, MN  
55318-2102  
public-health@co.carver.mn.us  
www.co.carver.mn.us  
Phone (952) 361-1329

**Child and Teen  
Checkups** 

The Family Resource Guide was created to provide health resources to families living in Carver County. The information listed includes providers who accept Medical Assistance (MA) and offer sliding fees for people who are uninsured or underinsured. Questions about individual coverage should be directed to your insurance. These resources may or may



not have language services available. The information about providers and services contained in this guide does not constitute an endorsement or recommendation by Carver County.

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# Assistance

Carver County has several programs to assist both adults and families in need. If you cannot find the program you are looking for, visit the Carver County website for more information.



## Health and Economic Assistance

### [MNSure](#)

1 (855) 366-7873

A marketplace where Minnesotans can find, compare and choose quality health care coverage that best fits their needs and budget.

[www.mnsure.org](http://www.mnsure.org)

### [Social Security Administration](#)

1 (800) 772-1213

Some children and adults with disabilities meet eligibility criteria to get assistance to meet costs of necessary medical care and living expenses.

### [Portico Healthnet](#)

(651) 489-2273

Health insurance enrollment assistance.

[www.porticohealthnet.org](http://www.porticohealthnet.org)

### [Bridge to Benefits](#)

(651) 227-6121

Bridge to Benefits is a project by Children's Defense Fund-Minnesota to improve the well-being of families and individuals by linking them to public support programs and tax credits.

[www.bridgetobenefits.org](http://www.bridgetobenefits.org)

### [Carver County Health and Human Services](#)

602 E 4<sup>th</sup> St, Chaska

(952) 361-1600

Programs include food and cash assistance, childcare assistance, emergency assistance, health care coverage and long-term care.

### [Carver County Public Health](#)

600 E 4<sup>th</sup> St, Chaska

(952) 361-1329

Provides public health programs and services including low cost immunizations and health education, assistance connecting with local resources, and requests for health data.

### Carver County Workforce Services Center

602 E 4<sup>th</sup> St, Chaska

(952) 361-1600

Programs include diversionary work program, dislocated worker program, senior employment, and youth programs.

### CAP Agency

(952) 496-2125

712 Canterbury Rd S, Shakopee (serves Carver, Scott & Dakota counties)

Services include Energy and Rental Assistance, Thrift Store, Senior Dining & Meals on Wheels, Child Care Resources & Referral, WIC, Head Start and Crisis Nursery.

## Food Assistance

### Bountiful Basket Food Shelf

(952) 556-0244

1600 Bavaria Rd, Chaska

Serves residents of Carver, Chanhassen, Chaska and Victoria

### Free Community Meals

St. John's Lutheran Church, 300 E 4<sup>th</sup> St, Chaska

Every Monday, 5:15-6:15 PM

### Fare for All

(763) 450-3880

Hosted monthly at sites in Chaska and Buffalo (Wright County), call for dates and more information.

[www.fareforall.org](http://www.fareforall.org)

### Friends for Life Food Shelf

(952) 955-1980

309 Lewis Ave S, Watertown

Serves residents of Watertown and Mayer

### Minnesota Food Helpline

1(888) 711-1151

### Southwest Carver County Food Shelf

(952) 467-1870

10 First Ave NE, Norwood-Young America

Serves residents of Norwood-Young America, Hamburg and Cologne

### Waconia United Food Shelf

(952) 442-3878

11 S Elm St, Waconia

Serves residents of Waconia, New Germany, Cologne, Victoria and St. Bonifacius

**Women Infants & Children (WIC)**

(952) 567-8229

303 E 6<sup>th</sup> St, Chaska

WIC ensures families have the nutritious food needed to create and sustain a healthy lifestyle. Program includes supplemental food and nutrition education for low-income, pregnant, breastfeeding, postpartum women and at-risk children.

**Looking for a local Farmer’s Market?**

Check the Carver County website for a list of markets and times.

<https://www.co.carver.mn.us>

**Clothing/Furniture Assistance**



**Bridging**

(952) 888-1105

Bridging provides a basic home setup to those who need most items necessary to create a comfortable and functioning home.

**CAP Agency Thrift Store**

(952) 402-9856

712 Canterbury Rd, Shakopee

**Freshwater Furniture Depot**

(952) 442-2268

12 East 8<sup>th</sup> St, Waconia

**Goodwill Retail Stores**

Chanhassen

(952) 934-1354

80 West 78<sup>th</sup> St, Chanhassen

Chaska

(952) 303-6827

310 Pioneer Trail, Chaska

Shakopee

(952) 233-8897

4450 12<sup>th</sup> Ave East, Shakopee

**His House Foundation**

(612) 325-4693

Direct services to families in need

[Love INC of Eastern Carver County](#) (952) 448-3261  
Serving the communities of Chaska, Chanhassen, Carver and Victoria

[Love INC Heartland](#) (763) 972-6547  
Serving the community of Watertown

[PROP Shop](#) (952) 934-2323  
15195 Martin Drive, Eden Prairie

[RAK \(Random Acts of Kindness\)](#) (612) 594-0047  
2460 Chaska Blvd, Chaska  
701 Jefferson Ave SW, Watertown

[Trending Upward Thrift Shoppe](#) (952) 261-2343  
141 Depot Dr, Waconia

## Housing

[CAP Agency Housing Services](#) (952) 496-2125  
712 Canterbury Rd S, Shakopee (serves Carver, Scott & Dakota counties)  
Provides resources for people to maintain existing housing or secure new housing including short and long term housing assistance and Emergency Shelter Funds.

[Carver County Community Development Agency](#) (952) 448-7715  
Provides affordable housing opportunities in Carver County.

[Families Moving Forward](#) (952) 767-0708  
Offers hospitality, emergency shelter and support to secure stable housing.

[Launch Ministry](#) (952) 856-0195  
Homeless drop in resource center for young adults.  
Provides housing/homeless assessments to 18-25 year olds.  
See website for schedule details.  
<https://www.launchministry.org/>

Chaska (M-F)  
110 West 2nd Street, Chaska

[Metro Shelter Hotline](#) 1(888) 234-1329

## Transportation

### Metro Mobility

(651) 602-1111

Metro Mobility is a shared public transportation service for certified riders who are unable to use regular fixed-route buses due to a disability or health condition. Rides are provided for any purpose.

[www.metrotransit.org/metro-mobility](http://www.metrotransit.org/metro-mobility)

### Smartlink

(952) 496-8341

Serving Carver and Scott Counties

[www.smarlinktransit.org](http://www.smarlinktransit.org)

### SouthWest Prime

(952) 797-7463

SW Prime is an on-demand transit service for Eden Prairie, Carver, Chaska, Chanhassen and Victoria.

<https://swtransit.org/sw-prime/>

### SouthWest Transit

(952) 949-2287

<https://swtransit.org/>

### Water's Edge

(952) 442-9022

Non-emergency medical and special needs transportation to and from medical appointments.

[www.watersedgemn.com](http://www.watersedgemn.com)

### WeCAB

1(844) 743-3932

WeCAB is a network of volunteers who provide safe, affordable, and flexible transportation.

<https://Wecab.org>

## Health Insurance Plans

### BluePlus

- Member Services: (651) 662-5545 or 1(800) 711-9862
- TTY/Hearing Impaired: 7-1-1
- BlueRide Transportation: (651) 662-8648 or 1(866) 340-8648
- Mental Health and Substance Use: 1 (866) 489-6947
- Dental Services: (651) 406-5907 or 1(800) 774-9049
- Nurse Line: 1 (800) 622-9524
- [www.bluecrossmn.com](http://www.bluecrossmn.com)

### Health Partners

- Member Services: (952) 967-7998 or 1(866)885-8880
- TTY/Hearing Impaired: 7-1-1
- RideCare Program: (952) 883-7400 or 1(888) 288-1439

- Mental Health and Substance Use: (952) 883-5811 or 1(888) 638-8787
- Dental Services: (952) 967-7998 or 1(866) 885-8880
- Nurse CareLine: (612) 339-3663 or 1(800) 551-0859
- [www.healthpartners.com](http://www.healthpartners.com)

### UCare

- Member Services: (612) 676-3200 or 1(800) 203-7225
- TTY/Hearing Impaired: (612) 676-6810 or 1(800) 688-2534
- Health Ride: (612) 676-6830 or 1(800) 864-2157
- Mental Health and Substance Use: (612) 676-3200 or 1(800) 203-7225
- Dental Services: (651) 768-1415 or 1(855) 648-1415
- Nurse Line: 1(800) 942-7858
- [www.ucare.org](http://www.ucare.org)

### Medical Assistance

- Member Help Desk: (651) 431-2670 or 1(800) 657-3738
- TTY/Hearing Impaired: Use your preferred relay service
- Transportation: Contact Smart Link (952) 496-8341  
Requires minimum of 3 business days' notice to guarantee transportation, contact your county worker to arrange transportation for urgent care.
- <https://mn.gov/dhs>

## Dental

Preventive dental checkups should start when a baby's first tooth appears and continue to be done every 6 months. Preventive dental care is a paid benefit for people from birth to age 20 on Medical Assistance.



### Dental Clinics Accepting Medical Assistance

#### Anderson Lakes Dental

8775 Columbine Rd, Eden Prairie

(952) 942-0823

#### Children's Dental Services

CAP Agency, 712 Canterbury Rd South, Shakopee  
Multiple locations available

(612) 746-1530

*Will see children birth to 26 and pregnant women of any age*



**Dental Associates of Savage**

(952) 440-2292

13899 Highway 13 South, Savage

**Gentle Dentistry**

Hutchinson

(320) 234-6677

1060 Hwy 15 South, Hutchinson

*No straight MA*

New Hope (Village of Quebec)

(763) 252-6350

7500 42<sup>nd</sup> Ave North, New Hope

*No straight MA*

New Hope (Winnetka)

(763) 533-0055

5001 Winnetka Ave North, New Hope

*No straight MA*

**Health Partners Dental Clinic**

(952) 883-9040

8455 Flying Cloud Dr, Eden Prairie

To find other metro locations available, call

(952) 763-6917

*Health Partners only*

**Minnetonka Dental**

(952) 474-7057

17909 Delton Ave, Minnetonka

*No straight MA or Health Partners*

**Open Door Health Center**

(952) 492-6342

1515 Broadway St South, Suite 600, Jordan

*BluePlus and UCare only*

**Park Dental**

(952) 361-0777

1150 Hazeltine Dr, Chaska

*Health Partners only*

**Sidky Family Dentistry**

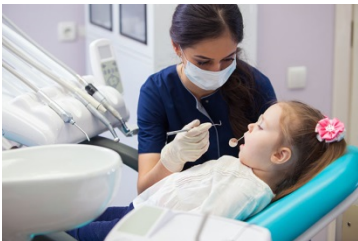
(952) 405-8838

557 Prairie Center Dr, Eden Prairie

**True North Community Dental Clinic** (952) 403-5149

415 East 1<sup>st</sup> Ave, Shakopee

*No straight MA, offers reduced fee scale for uninsured*



**Can't find a dentist that accepts  
your insurance?**

**Call your health plan's dental  
services number for assistance.**

## For Children with Special Needs

### Camp Smile Pediatric Dentistry

111 Hundertmark Rd N, Suite 304, Chaska (952) 361-6759

675 Water St, Suite 2, Excelsior (952) 242-9200

*All forms of MA for children with special health care needs under age 14.*

### Dentistry for Children and Adolescents

7373 France Ave South, Suite 402, Edina (952) 831-4400

6060 Clearwater Dr, Suite 210, Minnetonka (952) 932-0920

*BluePlus, straight MA and UCare for children with special health care needs under age 12.*

### Family Care Dentistry

(952) 440-3222

14070 Commerce Ave NE, Suite 100, Prior Lake

*All forms of MA for children with special health care needs under age 16.*

### University of Minnesota Pediatric Dental Clinic

701 25<sup>th</sup> Ave South, Suite 400, Minneapolis (612) 659-4900

*All forms of MA for children with special health care needs under age 12.*

## Dental Clinics with Sliding Fee Scale

### Community Dental Care

(763) 270-5776

3359 West Broadway Ave, Robbinsdale

### Community University Health Care Center

2001 Bloomington Ave South, Minneapolis (612) 301-0918

Full service dental care for adults and children performed by dental students.

### Indian Health Board Dental Clinic

(612) 721-9800

1315 East 24<sup>th</sup> St, Minneapolis

Full service dental care for adults and children.

*No one will be turned away for inability to pay for services.*



**Untreated cavities can cause pain and infections that may lead to problems eating, speaking, learning and playing.**

**Native American Community Clinic** (612) 872-8086  
1213 East Franklin Ave, Minneapolis  
Full service dental care for adults and children performed by dental students.

**NorthPoint Health and Wellness Center** (612) 543-2500  
1313 Penn Ave North, Minneapolis  
Full service dental care for adults and children.

**People's Center Dental Clinic** (612) 332-4973  
3152 Minnehaha Ave South, Minneapolis  
Full service dental care for adults and children.

**Sharing and Caring Hands** (612) 338-4640  
525 North 7<sup>th</sup> St, Minneapolis  
Free extractions and fillings.  
*Dental services provided on a first-come, first-serve basis when a dentist is available.  
Call for dates and times.*

**Southside Dental Clinic** (612) 822-9030  
4243 South 4<sup>th</sup> Ave, Minneapolis  
Full service dental care for adults and children.  
*No one is turned away due to an inability to pay.*

**University of Minnesota Dental School** (612) 625-2495  
515 Delaware St SE, Minneapolis  
Full service dental care for adults and children performed by dental students.

**University of Minnesota Pediatric Dentistry** (952) 625-7171  
515 Delaware St SE (6<sup>th</sup> floor)  
Dental care for children ages 1 through 15.

## Prevention Only Dental Clinics

**Normandale Dental Hygiene Clinic** (952) 358-8608  
9700 France Ave South, Bloomington  
*No insurance accepted, reduced fees only.  
Preventive hygiene care for adults and children performed by dental students.*

**Herzing University Dental Clinic** (763) 231-3174  
435 Ford Rd, 1<sup>st</sup> floor, St. Louis Park  
*No insurance accepted, reduced fees only.  
Preventive hygiene care for adults and children over age 5 performed by dental hygiene students.*

## Other Dental Events and Programs

### [Give Back a Smile Program](#)

1(800) 773-4227

Restorative and cosmetic dentistry for adult survivors of domestic violence. Call or go online for application process.

<https://www.aacd.com/applyforgbas>

### [Give Kids a Smile Program](#)

Annual event held in February where eligible children can get free dental care. Check website in January for participating clinics.

<https://www.mndental.org/events/give-kids-a-smile/>

### [Smiles Change Lives](#)

1(888) 900-3554

Orthodontic care for children ages 7-21 who meet financial criteria. Call or go online for application process.

<https://www.smileschangelives.org>

## Medical Care



**Child and Teen Checkups (C&TC) are wellness check-ups for people age 0-20 on Medical Assistance.**

**Wellness checkups are important for your child's health. They help identify health concerns at an early age and give a chance for early treatment.**

## Medical Clinics Accepting Medical Assistance

### **Arlington**

#### [Ridgeview Sibley Medical Center](#)

(507) 964-2271

601 West Chandler St, Arlington

*Emergency and Urgent Care services*

### **Belle Plaine**

#### [Mayo Clinic Health System](#)

(952) 873-2276

700 West Prairie St, Belle Plaine

#### [Mayo Clinic Express Care](#)

(952) 873-2070

1010 East Enterprise Drive (inside Coborn's), Belle Plaine

#### [Ridgeview Belle Plaine Clinic](#)

(952) 777-5661

165 Commerce Dr West, Belle Plaine

*Urgent Care services*

## Chanhassen

### Park Nicollet Chanhassen Clinic

300 Lake Dr East, Chanhassen

*Urgent Care services*

(952) 993-4300

### Ridgeview Chanhassen Clinic

7907 Powers Blvd, Chanhassen

(952) 934-0570

## Chaska

### Allina Health Chaska Clinic

111 Hundertmark Rd, Suite 220

(952) 448-2050

### Catalyst Medical Clinic

1200 Chaska Creek Way, Suite 200

(952) 856-1046

### Lakeview Clinic-Chaska

110105 Pioneer Tr, Chaska

(952) 556-0120

### Ridgeview Chaska Clinic

111 Hundertmark Rd, Suite 240, Chaska

(952) 361-2450

### South Lake Pediatrics

111 Hundertmark Rd, Suite 210, Chaska

(952) 401-8300

### Two Twelve Medical Center

111 Hundertmark Rd, Chaska

*Emergency and urgent care services*

(952) 361-2447

### Wayzata Children's Clinic

111 Hundertmark Rd, Suite 420, Chaska

*Urgent Care services in Chaska and Minnetonka locations*

(952) 448-3847

## Delano

### Ridgeview Delano Clinic

916 St. Peter Ave, Delano

*Urgent Care services*

(952) 442-7800

## Hopkins

### myHealth

15 8<sup>th</sup> Ave South, Hopkins

*Offers a sliding fee scale. Serving teens and young adults, ages 12-26. No one will be turned away for inability to pay.*

(952) 474-3251

## Jordan

### St. Francis Health Services

265 Creek Ln South, Jordan

(952) 428-1200

## Norwood-Young America

### Lakeview Clinic-West

406 Faxon Rd, Norwood

(952) 467-2888

## Shakopee

### Allina Health Clinic

4201 Dean Lakes Blvd, Suite 120, Shakopee

(952) 496-6700

1601 St. Francis Ave, Suite 100, Shakopee

(952) 428-3535

### Metropolitan Pediatric Specialists

1515 St. Francis Ave, Suite 100, Shakopee

(952) 445-6700

### Park Nicollet Shakopee Clinic

1415 St. Francis Ave

(952) 993-7750

### St. Francis Regional Medical Center

1455 St. Francis Ave, Shakopee

(952) 428-3000

*Emergency and urgent care services*

## Waconia

### Lakeview Clinic-Waconia

424 State Hwy 5 West

(952) 442-4461

### Ridgeview Medical Center

500 South Maple St, Waconia

(952) 442-2191

*Emergency care services*

## Watertown

### Catalyst Medical Clinic

204 Lewis Ave South, Watertown

(952) 955-1963

### Lakeview Clinic-Watertown

309 Jefferson Ave SW, Watertown

(952) 955-1921

Children should see their doctor for a  
Child and Teen Checkup (C&TC)

- Between birth and 1 month of age
- At 2, 4, 6, 9, 12, 15, 18, 24, and 30 months
- Every year from age 3-20

**Child and Teen  
Checkups** 

## Convenience Clinics accepting Medical Assistance

### [CVS MinuteClinic](#)

Chanhassen (inside CVS) (952) 474-6623  
7765 Galpin Blvd, Chanhassen

Chaska (inside Target) (952) 361-3766  
111 Pioneer Trl, Chaska

Eden Prairie (inside CVS) (952) 941-1266  
8251 Columbine Rd, Eden Prairie

Eden Prairie (inside Target) (952) 944-8720  
8225 Flying Cloud Drive, Eden Prairie

Minnnetonka (inside Target) (952) 401-3814  
4848 County Rd 101, Minnetonka

Shakopee (inside CVS) (952) 402-9039  
4050 Dean Lakes Blvd, Shakopee

Waconia (inside Target) (952) 442-9334  
875 Main St, Waconia

## Urgent Care Clinics accepting Medical Assistance

[Mayo Clinic Express Care](#) (952) 873-2070  
1010 East Enterprise Drive (inside Coborn's), Belle Plaine

[Park Nicollet Chanhassen Clinic](#) (952) 993-4300  
300 Lake Dr East, Chanhassen

[Ridgeview Belle Plaine Clinic](#) (952) 777-5661  
165 Commerce Dr West, Belle Plaine

[Ridgeview Delano Clinic](#) (952) 442-7800  
916 St. Peter Ave, Delano

[Ridgeview Sibley Medical Center](#) (507) 964-2271  
601 West Chandler St, Arlington

[St. Francis Regional Medical Center](#) (952) 428-3000  
1455 St. Francis Ave, Shakopee

[Two Twelve Medical Center](#) (952) 361-2447  
111 Hundertmark Rd, Chaska

[Wayzata Children's Clinic](#) (952) 448-3847  
111 Hundertmark Rd, Suite 420, Chaska

## Medical Clinics with Sliding Fee Scale

### [Neighborhood HealthSource](#)

(612) 588-9411

Central Clinic  
2301 Central Ave NE, Minneapolis

Fremont Clinic  
3300 Fremont Ave N, Minneapolis

Sheridan Clinic  
342 13<sup>th</sup> Ave NE, Minneapolis  
Health care services including disease screening and prevention and treatment for chronic health conditions for all ages.

### [Community University Health Care Center](#)

(612) 301-3433

2001 Bloomington Ave South, Minneapolis

### [Dakota Child and Family Clinic](#)

(651) 209-8640

2530 Horizon Dr, Burnsville  
Medical care for children and adults.

### [Indian Health Board Clinic](#)

(612) 721-9800

1315 East 24<sup>th</sup> St, Minneapolis  
Medical and counseling services for children and adults.  
*No one will be turned away for inability to pay for services.*

### [myHealth](#)

(952) 474-3251

15 8<sup>th</sup> Ave South, Hopkins  
Medical and mental health services, serving ages 12-26.  
*No one will be turned away for inability to pay.*

### [Native American Community Clinic](#)

(612) 872-8086

1213 East Franklin Ave, Minneapolis  
Medical and counseling services for children and adults.

### [Northpoint Health and Wellness Center](#)

(612) 543-2500

1313 Penn Ave North, Minneapolis  
Comprehensive clinic providing medical, behavioral health and dental care.  
*No one will be denied services due to inability to pay.*

### [People's Center Health Services](#)

(612) 332-4973

425 20<sup>th</sup> Ave South, Minneapolis  
Medical and behavioral health services for children and adults.  
*No one is turned away due to an inability to pay for services.*



**Public Health Immunization Clinic**

(952) 361-1329

600 East 4<sup>th</sup> St, Chaska

Immunizations for uninsured and underinsured adults and children.

**River Valley Nursing Center**

Chaska

(952) 567-8205

303 East 6<sup>th</sup> St, Chaska, Tuesdays 1-5 PM

Shakopee

(952) 496-8669

752 Canterbury Rd, Shakopee, Mondays 2-6 PM

*Services provided are free of charge, no appointments needed.*

**Southside Medical & Behavioral Health**

(612) 827-7181

324 East 35<sup>th</sup> St, Minneapolis

Medical and behavioral health services for children and adults.

*No one is turned away due to lack of insurance or inability to pay.*

**St. Mary's Health Clinic**

(651) 287-7777

1455 St. Francis Ave (located in St. Francis Regional Medical Center)

*Provides free medical care for uninsured adults and children.*

**Medication and Prescription Assistance**

**GoodRx**

Compare prescription drug prices and find coupons and discounts on prescription medications.

[www.goodrx.com](http://www.goodrx.com)

**Partnership for Prescription Assistance**

Helps qualifying patients without prescription drug coverage to get the medicines they need for free or nearly free.

<https://www.pparx.org/>

**RxAssist**

Offers a database of patient assistance programs which are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine.

<https://www.rxassist.org/>

**Rx Outreach**

1(888) 796-1234

Non-profit pharmacy working to provide affordable medications.

# Hearing and Vision

## Hearing Clinics Accepting Medical Assistance

### Avada Hearing Care Center

542 Elm St South, Waconia (952) 442-6370

327 Marschall Rd, Suite 200, Shakopee (952) 445-1474

### Park Nicollet Audiology and Hearing

(952) 993-1880

Locations in Burnsville, St. Louis Park and Maple Grove

*Health Partners only*

### Ridgeview Hearing Centers

(952) 925-5626

Ridgeview Chaska Clinic

111 Hundertmark Rd, Suite 115N, Chaska

Ridgeview Excelsior Clinic

675 Water St, Excelsior

Ridgeview Professional Building

560 South Maple St, Suite 40

### Ridgeview Otolaryngology

(952) 925-5626

Ridgeview Arlington Clinic

601 West Chandler St, Arlington

Ridgeview Chaska Clinic

111 Hundertmark Rd, Suite 115N, Chaska

Ridgeview Excelsior Clinic

675 Water St, Excelsior

Ridgeview Professional Building

560 South Maple St, Suite 40, Waconia

## Vision Clinics Accepting Medical Assistance

### **Belle Plaine**

#### Belle Plaine Eyecare Center

(952) 873-5554

168 Commerce Dr, Belle Plaine

#### Southwest Eye Care

741 East Enterprise Dr, Belle Plaine

(952) 495-6070

### **Chanhassen**

#### Chanhassen Vision Clinic

(952) 934-1424

7872 Market Blvd, Chanhassen

*BluePlus and Health Partners only*

**Park Nicollet Eye Care** (952) 993-3150  
300 Lake Dr East, Chanhassen

**Wink Family Eye Care** (952) 937-9465  
600 Market St, Suite 110, Chanhassen  
*BluePlus and Health Partners only*

## **Chaska**

**Edina Eye Physicians & Surgeons** (952) 906-7826  
111 Hundertmark Rd, Suite 105N, Chaska

**Pearle Vision** (952) 937-9465  
106 Pioneer Trail, Chaska  
*BluePlus and Health Partners*

**Southwest Eye Care** (952) 466-3937  
1200 Chaska Way, Suite 100, Chaska

## **Glencoe**

**Southwest Eye Care** (320) 864-2020  
1201 Greeley Ave North, #3, Glencoe

## **Mound**

**Southwest Eye Care** (952) 472-3937  
2204 Commerce Blvd, Mound

## **Norwood/Young America**

**Southwest Eye Care** (952) 467-2250  
304 West Hwy 212, Norwood

## **Shakopee**

**All Eyes PLLC (Walmart)** (952) 445-8092  
8101 Old Carriage Ct, Shakopee

**Edina Eye Physicians & Surgeons** (952) 445-5016  
4201 Dean Lakes Blvd, Shakopee

**Park Nicollet Eye Care** (952) 993-3150  
1415 St. Francis Ave, Shakopee

**Shakopee Vision Clinic** (952) 445-5600  
1731 17<sup>th</sup> Ave East, Shakopee  
*BluePlus and Health Partners only*

**Valley Vision** (952) 445-1132  
1127 Shakopee Town Square, Shakopee

## Victoria

### Seek Eye Care

7940 Victoria Dr, Suite 103, Victoria

*BluePlus and Health Partners only*

(612) 800-7335

## Waconia

### Edina Eye Physicians & Surgeons

560 South Maple St, Suite 110, Waconia

(952) 442-4445

### Lakeview Clinic

424 West Hwy 5, Waconia

*BluePlus and Health Partners only*

(952) 442-4461

### Precision Eye Care

753 Marketplace Dr, Waconia

(952) 442-2015

## Watertown

### Southwest Eye Care

204 Lewis Ave South, Watertown

(952) 955-3553

### Watertown Eye Clinic

216 Lewis Ave South, Watertown

(952) 955-2123

Hearing and vision are important for child development. They help with parental bonding and learning in school.



## Vision Clinics with Sliding Fee Scale

### 39 Dollar Glasses

Discount prescription eyeglasses and contact lenses.

[www.39dollarglasses.com](http://www.39dollarglasses.com)

1(800) 672-6304

### New Eyes for the Needy

Provides a voucher for a new pair of prescription eyeglasses for those who meet eligibility requirements.

Additional information and application available online.

[www.new-eyes.org/application](http://www.new-eyes.org/application)

1(973) 376-4903

### Southside Vision Care

4243 4<sup>th</sup> Ave South, Minneapolis

(612) 821-2003

# Reproductive Health



Anyone who is sexually active should be talking to a health care provider about their reproductive health.

## [Annex Teen Clinic](#)

(763) 533-1316

5810 42<sup>nd</sup> Ave North, Robbinsdale

Reproductive and sexual health services for young people through age 25.

*No one will be turned away for inability to pay.*

## [Clinic 555](#)

(651) 266-1255

555 Cedar St, St. Paul

Reproductive and sexual health services for teens and adults.

*No one will be turned away for inability to pay.*

## [Face to Face](#)

(651) 645-0478

1165 Arcade St, St. Paul

Provides family planning, prenatal care, STI testing and treatment for youth ages 11-24.

## [Family Tree Clinic](#)

(651) 645-0478

1619 Dayton Ave, Suite 205, St. Paul

Reproductive and sexual health services for teens and adults.

*No one will be turned away for inability to pay.*

## [MN Family Planning & STD Hotline](#)

1(800) 783-2287

Provides reliable, medically accurate and confidential information via phone, text (text ASKMN to 66746), and web chat (sexualhealthmn.org)

## [myHealth](#)

(952) 767-8015

15 8<sup>th</sup> Ave South, Hopkins

Reproductive and sexual health services for ages 12-26.

*No one will be turned away for inability to pay.*

## [Planned Parenthood](#)

Apple Valley

(952) 890-0940

15322 Galaxie Ave, Suite 105, Apple Valley

Eden Prairie

(952) 653-4499

582 Prairie Center Dr, Suite 215, Eden Prairie

Mankato (507) 387-5581  
201 North Victory Dr, Suite 211, Belle Mar Mall, Mankato

Minneapolis (612) 823-6300  
1200 Lagoon Ave, Minneapolis

Richfield (612) 874-1420  
6527 Lyndale Ave South, Richfield  
Reproductive and sexual health services for teens and adults.

**Red Door** (612) 543-5555  
525 Portland Ave South, Minneapolis  
Provides family planning, STI screening and treatment, HIV testing.  
*No one will be turned away for inability to pay.*

**SAGE-MN Cancer Screening Program** 1(888) 643-2584  
Screening and early detection of breast, cervical and colorectal cancers. Screenings are provided at participating locations free of charge to people who qualify.  
*Screenings available at several clinics in Carver County.*

**Sexual Violence Center**  
2021 East Hennepin Ave, Suite 418, Minneapolis  
Support for everyone affected by sexual violence. Confidential services to survivors, their friends and their families free of charge  
**24-Hour Crisis Line (612) 871-5111 or (952) 448-5425**

**Southern Valley Alliance for Battered Women**  
Crisis support, advocacy and education to victim-survivors of domestic violence.  
**24-Hour Crisis Line (952) 873-4214**

**National Domestic Violence Hotline**  
Free and confidential support for people experiencing domestic violence. Help is available in Spanish and other languages.  
**24-Hour Crisis Line 1(800) 799-SAFE (7233)**

**National Sexual Assault Hotline**  
Free crisis support  
**24-Hour Crisis Line 1(800) 656-HOPE (4673)**

**Casa de Esperanza**  
Domestic violence and sexual assault counseling and resources.  
**24-Hour Bilingual Helpline (651) 772-1611**

# Mental Health Services

## Mental Health Crisis

### [Carver County Mental Health Crisis](#)

Mobile crisis services available throughout the county

**24-Hour Crisis Line**

**(952) 442-7601**

### [MN Crisis Text Line](#)

**Text "MN" to 741741**

Free help for people across Minnesota who are having a mental health crisis or are contemplating suicide

### [National Suicide Prevention Lifeline](#)

Free and confidential support for people in distress

**24-Hour Crisis Line**

**1(800) 273-TALK (8255)**

## Mental Health Providers

### [Cashman Center](#)

(952) 224-8990

Provides an alternative to the traditional mental health clinic with an integrative and holistic personalized treatment plan. Services include counseling and psychological services for individuals, families, couples and children.

### [Canvas Health](#)

(651) 777-5222

Assessment, counseling and therapy for children, adolescents, adults and families.

### [Choices Psychotherapy](#)

(952) 544-6806

Outpatient therapy services for children, adolescents, adults, couple and families.

### [Cedar House](#)

Outpatient mental health services for children and families.

Jordan

(952) 492-3624

Waconia

(952) 442-1942

**Getting help is more than  
okay-it is important!**



**Clinical and Developmental Services** (952) 423-8001  
Provides mental health services including testing and evaluations as well as individual, group and couples therapy for children, adolescents and adults.

**Counseling & Therapeutic Support Services** (952) 405-9369  
Comprehensive mental health services for individuals and families

**David Hoy & Associates** (952) 361-3360  
Counseling and psychological services for individuals, families, couples, and children. Specialize in depression and anxiety counseling. In-home counseling is available.

**Family Innovations** (612) 924-3807  
Assessment, counseling and therapy for children, adolescents, adults and families.

**Fireside Counseling** (952) 373-1279  
Individual therapy for adolescents and adults.

**First Street Center** (952) 442-4437  
Provides mental health assessments, therapy and psychiatry to adults, adolescents, and children in Carver County, as well as providing case management, chemical health and crisis services.

**Five Stars Mental Health Clinic** (952) 448-8990  
Community counseling services

**Jonas Center** (612) 210-8605  
Provides mental health counseling for individuals, couples and families.

**Lighthouse Counseling** 1(855) 454-2463  
Faith based counseling services for individuals and families.

**Lorenz Clinic of Family Psychology** (952) 443-4600  
Psychotherapy clinic serving the mental health needs of children, adults, families, couples and groups.

**myHealth** (952) 767-8015  
Individual and family counseling services for ages 12-26.  
No one will be turned away for inability to pay.

**NorthStar Regional**  
Provides a full continuum of mental health services and substance use disorders treatment. Various area locations available.  
Mental Health Services (952) 974-3999  
Substance Use Treatment (952) 448-6557



Prairie Care

(952) 903-1350

Comprehensive and integrated psychiatric services for all ages, including both inpatient and outpatient options for patient care.

St. David’s Center for Child and Family Development

(952) 939-0396

Specializes in early childhood mental health. Mental health services include evaluation and assessment and individual, group and family therapy. In-home mental health services are available.

Stone Creek Psychiatry

(952) 241-4050

Outpatient mental health services for children and adults.

Star Fish Services

(612) 567-4654

Counseling and life coaching for teenagers

**Parenting Assistance**



No two children develop, grow or learn in the same way or do things at the same pace. There are many resources available for parents to help support their child’s healthy growth and development.

**Early Intervention and Parenting Support**

Breast Feeding Support

- Carver County Public Health (952) 361-1329
- Mom & Baby Connection (952) 777-4646
- St Francis Lactation Center (952) 428-2064
- Park Nicollet Breastfeeding Center (952) 993-5124
- The Mother Baby Center-Minneapolis (612) 863-4638
- WIC Program of Carver County (952) 567-8229
- La Leche League (612) 922-4996
- National Breastfeeding Helpline 1(800) 994-9662

Car Seat Safety Resources

- Carver County Public Health (952) 361-1329
- Chaska Police Department (952) 448-4200
- St. Francis Regional Medical Center 1(866) 904-9962

Carver County Public Health

(952) 361-1329

**Child and Teen Checkups:** Provides medical and dental resources for families with children age 0-20 on Medical Assistance and sends reminders when checkups are due.

**Family Home Visiting:** Provides education, resources, and support to pregnant women, new parents, and families.

**Follow Along Program:** A fun way for parents of children birth to age 3 to learn about their child’s health and development. Enroll at <https://health.state.mnu.us/mnfap>

**Immunization Clinic:** Provides immunizations to those who do not have health insurance or whose insurance does not cover immunizations.

### Child Development Assessment and Services

Organizations that provide evaluation, treatment and services for children with emotional, developmental and behavioral needs.

- Cedar House (952) 442-1942
- Child and Family Behavioral Health Services (952) 993-3307
- Developmental Pediatrics-Children’s Minnesota (612) 813-6300
- Fraser (612) 767-7222
- Family Innovations (612) 924-3807
- Groves Academy (952) 920-6377
- Holland Center (952) 401-9359
- Lazerous Project (763) 519-1197
- Minnesota Early Autism Project (MEAP) (763) 425-0792
- MN Autism Center-Eden Prairie Therapy Center (952) 681-2967
- PACT Institute (952) 224-0707
- Partners in Excellence (651) 773-5988
- Prairie Care 1(888) 977-2474
- Reach for Resources (952) 200-3030
- St. David’s Center (952) 939-0396
- University of MN Developmental Behavioral Pediatrics Clinic (612) 626-4260
- West Metro Learning Connections (952) 474-0227

### Child Therapy Services

Occupational, physical and speech-language therapy providers to assist children in reaching their developmental milestones.

- Capable Kids Pediatric Therapy (952) 428-1265
- Capernaum Pediatric Therapy (952) 285-2840
- Children’s Therapy Center (952) 994-9644
- Children’s Therapy Specialists (952) 955-3323
- Fraser (612) 767-7222
- Kidtalk-Advanced Children’s Therapy (952) 443-9888
- Ridgeview Pediatric Rehab (952) 442-8006
- St. David’s Center (952) 939-0396
- SunnyDays Therapy (952) 223-2506
- The Therapy Place (952) 885-0418

### Early Childhood Family Education (ECFE) Programs

Chaska, Chanhassen, Victoria, Carver (ISD112) (952) 556-6407  
Waconia, New Germany, St. Bonifacius (ISD 110) (952) 442-0613  
NYA, Hamburg, Cologne (ISD 108) (952) 467-7390  
Watertown, Mayer (ISD 111) (952) 955-0280  
Chanhassen, Excelsior, Minnetonka (ISD 276) (952) 401-6812  
Offers a variety of classes and resources for parents and children, birth to kindergarten.

### Head Start & Early Head Start

(651) 322-3500

Promotes school readiness of children ages 3 to 5 from income eligible families by providing quality preschool experience. Early Head Start provides services for each family from pregnancy to age 3 by promoting physical, social, and emotional development.

### Help Me Grow

1(866) 693-4769

Resources about development of young children for parents, including information on developmental milestones and screening and evaluation if you have concerns.

[www.helpmegrowmn.org](http://www.helpmegrowmn.org)

### Macaroni Kids Carver County

Website and free weekly email newsletter highlighting local events for kids and families in Carver County.

<https://carver.macaronikid.com/>

### Parents Helping Parents

(612) 354-9794

Parenting support group, meeting locations in Chaska, Waconia and Shakopee.

## Parent Advocacy and Resource Groups

### ARC Minnesota

(952) 920-0855

Support for people with intellectual and developmental disabilities

<https://arcminnesota.org/>

### Autism Society of Minnesota

(651) 647-1083

### Children and Youth with Special Health Needs

1(800) 728-5420

<http://www.health.state.mn.us/divs/cfh/program/cyshn/>

### Disability Hub MN

1(866) 333-2466

Information and resources for all disability-related questions

<https://disabilityhubmn.org/>

**Family Voices of Minnesota**

1(866) 334-8444

Free state-wide parent-to-parent peer support program for families whose children have chronic or complex special healthcare needs or disabilities.

<http://familyvoicesofminnesota.org/>

**Mental Health Minnesota**

1(800) 862-1799

<https://mentalhealthmn.org/>

**Minnesota Association for Children's Mental Health**

1(800) 528-4511

<http://www.macmh.org/>

**NAMI Minnesota**

(651) 645-2948

National Alliance on Mental Illness (NAMI) works with individuals with mental illness and their families by providing education, support and advocacy.

<https://namimn.org/>

**PACER Center**

(952) 838-9000 or 1(800) 537-2237

Provides individual assistance, workshops, publications and other resources to help families make decisions about education and other services for their child with disabilities.

<https://www.pacer.org/>

**Vision Loss Resources**

(612) 871-2222

Provides assistance with individual living skills and social/emotional support for people with vision loss.

<https://visionlossresources.org/>

**Emergency Support and Assistance**

**CAP Agency Services**

(952) 496-2125

Child Care Resources, Energy Assistance, Head Start, Thrift Shop, Transitional Housing, Crisis Assistance Funds, Transitional Housing, and WIC

**Crisis Nursery of Scott & Carver County**

(612) 839-5101

Support to parents in crisis by providing voluntary short-term care for their children by licensed providers.

**Poison Control Center**

1(800) 222-1222

Provides free and confidential medical advice 24 hours a day, seven days a week.

**Public Health Information & Resources**

(952) 361-1329

Call for information about public health programs and services, assistance connecting with local resources, or requests for health data.